

CharlotteRadiology®

BREAST CANCER MYTHS DEBUNKED

Jennifer, Dimovski, MD

**1 IN 8 WOMEN IN THE U.S. IS
DIAGNOSED WITH BREAST
CANCER OVER THE COURSE
OF HER LIFETIME**

#1



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True! A woman in the U.S. has a 13% 'lifetime risk' of developing breast cancer. Lifetime risk is a cumulative risk meaning a woman's absolute risk of getting breast cancer during a particular decade of life will increase with age up to 90 years. If you're 40+ years old, don't delay care, getting an annual mammogram is the best way to detect breast cancer.

#1



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**A 3D MAMMOGRAM IS THE SAME
AS A 2D MAMMOGRAM**

#2



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Myth! A 3D mammogram, or digital breast tomosynthesis, is an advanced form of imaging compared to a 2D mammogram. During a 3D mammogram, X-ray images of the breast are acquired at different angles and then reconstructed into multiple thin high-resolution slices for the radiologist to review on a workstation. A 3D mammogram allows detection of small breast cancers that would have been hidden by dense breast tissue on a 2D mammogram.

#2